

Sources

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National Facts on Adult Alcohol Use and Abuse

- ❖ There was a higher likelihood of severe male-to-female intimate partner violence (IPV) in men who had heavy alcohol consumption (with or without antisocial personality disorder).¹
- ❖ In 2005, 4.3 million persons aged 12 or older used alcohol for the first time in the past 12 months.²
- ❖ Alcoholism is more prevalent in men and they drink greater amounts but due to a women's metabolism and body composition, women are at higher risk for developing problems from alcohol consumption.³
- ❖ Approximately 8% of Americans suffer from alcohol abuse or dependence. Young adults from 18 to 25 years of age have the highest rates of abuse and dependence (17.7%).²
- ❖ The highest reported rates of binge drinking were found in Montana, North and South Dakota, Minnesota, Wisconsin, Nebraska, Colorado, Massachusetts, Rhode Island and the District of Columbia.⁴

The Face of Adult Alcohol Dependence at Caron

- ❖ Over half of alcoholic patients admitted to treatment at Caron report medical problems, and these patients are more likely to be admitted with medical problems than are drug addicted patients.⁵
- ❖ Although most patients at Caron successfully complete treatment, alcoholic patients are more likely to leave treatment due to medical reasons than are other patients.⁵
- ❖ Adult alcoholic patients admitted to Caron are more likely to be married than drug-addicted patients.⁵
- ❖ Approximately 60 percent of alcohol-dependent patients at Caron report they currently use nicotine.⁵

Special Topic: Alcohol and Health

- ❖ It is estimated that the number of adults aged 50 or older will reach 97 million by 2010 and those with substance abuse problems will increase from 2.5 million in 1999 to 5 million in 2020.⁴
- ❖ Older adult admissions for alcohol in combination with secondary substances reported cocaine (40%), followed up by marijuana (29%), opiates (16%), stimulants (5%) and other drugs (10%).⁶
- ❖ Among older adult admissions to substance abuse treatment, about half (48%) were admitted only for alcohol abuse.⁶
- ❖ Among older adult admissions, people admitted for alcohol-only were more likely to have entered treatment for the first time compared to other admissions.⁵

Facts compiled by:
Caron's Research Team



www.caron.org
800.678.2332